

Representative Marcia L. Fudge

Topic: Childhood Obesity Awareness Month Resolution

Date: September 10, 2013

Speech Length: 187 words, approx. 1 minute

Thank you Mr. Speaker.

This week I will reintroduce a resolution recognizing September as National Childhood Obesity Awareness Month. September marks an opportunity for Congress to raise awareness of this issue while also discussing ways we can engage our families and communities on how best to curb this unhealthy trend.

Over the past three decades, childhood obesity rates in the United States have tripled, and today, nearly one in three children are overweight or obese. These numbers are even higher in minority communities where nearly 40% of African American and Hispanic children are overweight.

Children today experience a different lifestyle from 30 years ago when kids ate less and exercised more.

Many groups have stepped to the plate to improve nutrition and physical activity for our children.

Community partners like the Campaign to End Obesity, Cheer for a Healthier America, YWCA, and HealthCorps have taken the charge to help our children achieve the healthiest lives we can give them.

Let's use the month of September to elevate the issue of

childhood obesity and recognize our community partners who are dedicated to ending this epidemic.

I yield back.